

Enjoying the Shepherd Like Jesus: Be Still Week 2

For a sheep to enjoy their shepherd, we realized it is imperative that they learn to be still and quiet while the shepherd is close. They must learn to be so still that the shepherd can touch them and pour his love on them. We also saw in our time together that being still around the shepherd is not a natural thing for a sheep, but rather a learned discipline. Lets dive in deeper into the Word and see what it tells us about being still.

Read Isaiah 43:1-4

For a sheep to be still, according to verse one, what must he first do? (Fear Not)

What reason did God give his people not to be afraid, hint, last three words of verse 1.

How does this verse and discipline relate to the lesson we just went through?

In verse four, God tells us who we are to him and the reason we are not to be afraid. What is it He calls us and what is He pouring out on us?

Do you believe that you are Precious to Him and that He loves you? If so, this is the foundation on which you can begin to practice being still in His presence.

If you are still struggling with believing God loves you, look at Numbers 23:19. From this passage, what does it say about God telling the truth?

If God cannot lie, then when He says He loves you, it must be True! In order to be still in His presence, you MUST believe this.

We looked at Jesus' life and the evidence that he practiced being still in the presence of His Father in order to live in the power of the Holy Spirit. Let us look at a few passages that would have formed this discipline in His life. Write down what you believe these verses meant to Jesus during those years of 12-30 and then throughout his ministry and while on the cross.

How did this passage impact Jesus and what evidence do we have from the moments he practiced being still?

Proverbs 30:5

Exodus 14:10

Psalms 27:13-14

Psalms 37:3-7,23-24,34

Psalms 62:5-6

Isaiah 26:3-4

Zechariah 2:10-13

Why did Jesus go Be still?

To Be Restored. Mark 1:29-35, Mark 6:30-32

During a time of grief. Matthew 14:1-13 When he heard John died, he went to be alone.

To Renew Strength: Luke 5:12-16

To Prepare to call the Twelve: Luke 6:12:13

To Teach: Mark 9:30-31

Jesus practiced being still with God. He had a place he would often go to be still. Where can you go to begin practicing this discipline?

What will it cost you to be still? Are you willing to pay that price?

What hinders you from being still with God? List them below.

What Scriptures do you need to learn in order to face these fears or distractions head on?

What will you do today to start practicing the discipline of being still. Start small and allow it to grow like a muscle being developed.

Share with a friend your desires and ask them to join you in this practice of being still.

Go Enjoy The Shepherd.